

Enrolment No./Seat No _____

GUJARAT TECHNOLOGICAL UNIVERSITY

BE - SEMESTER-VI EXAMINATION – SUMMER 2025

Subject Code:3160003

Date:06-06-2025

Subject Name:Integrated Personality Development Course

Time:10:30 AM TO 01:00 PM

Total Marks:70

Instructions:

1. Attempt all questions.
2. Make suitable assumptions wherever necessary.
3. Figures to the right indicate full marks.
4. Simple and non-programmable scientific calculators are allowed.
5. There are 40 questions (in 3 sections) in this question paper.
6. Use only OMR to answer the question paper.

Section A

Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.

Marks: 10

1. The more you visualize your long-term goals, the fewer chances there are of achieving them.
 - a. True
 - b. False
2. There is no risk of addiction when smoking cigarettes occasionally to please one's friends.
 - a. True
 - b. False
3. Working in a team helps you gain new perspectives
 - a. True
 - b. False
4. The biggest role of a team member is to take credit for the team's success.
 - a. True
 - b. False
5. Seva should be performed with the expectation of a reward.
 - a. True
 - b. False
6. Death can teach us about life.
 - a. True
 - b. False

7. Whatever happens, happens for the worst.
- a. True
 - b. False
8. It is possible for a person to bring change in his/her attitude.
- a. True
 - b. False
9. We should always be accountable for our actions and be honest with the people who are depending on us.
- a. True
 - b. False
10. Realising our lifespan as finite can allow us to become more productive.
- a. True
 - b. False

Section B

Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Answer according to what you learnt from the IPDC lectures and workbook.

Marks: 30

11. What is the meaning of "begin with the end in mind"?
- a. You should end the task while remembering the start point
 - b. You should envision where you want to be in future and structure your life now to give direction to reach your goal
 - c. You should begin the task and later plan to end it depending on your initial progress
 - d. You should imagine how you want to begin the task before starting
12. "One should analyse oneself continually, introspect and think that ..."
- a. How can I get people to like me more?
 - b. I have enough time to do this task later.
 - c. This is still to be done, and what have I come to do, and what is happening?
 - d. What is the point of doing anything when one must die one day?
13. What is the first step to begin with the end in mind?
- a. Create good daily routines
 - b. Prepare short-term goals
 - c. Calculate your risk-outcome ratio
 - d. Visualize your long-term goal

14. Short term goals should be ...?
 - a. vague
 - b. not be time-bound
 - c. relevant to your long-term goal
 - d. hard to achieve
15. What does "S" stand for in the "SMART" method (used to define short-term goals)?
 - a. Specific
 - b. Standard
 - c. Superb
 - d. Simple
16. Complete this sentence: To achieve your short-term goal...
 - a. You should not work in time-limits
 - b. Your daily routine should include activities that help to achieve it
 - c. Do the same thing that your friends do
 - d. You should avoid focussing on your daily habits
17. Drug addictions can negatively impact which of the following
 - a. Health
 - b. Wealth
 - c. Family
 - d. All the above
18. Which of the following is the least likely reason for the formation of drug addiction?
 - a. Peer pressure
 - b. The search for an escape from stress
 - c. Curiosity
 - d. The desire to form an addiction
19. Which of these methods can help an addict overcome their addictions?
 - a. Firmly decide to give up
 - b. Reject assistance
 - c. Deny accountability
 - d. All the above
20. According to the statistics presented in the IPDC workbook, how many adult smokers began before the age of 18?
 - a. 3/10
 - b. 5/10
 - c. 7/10
 - d. 9/10
21. What was the fate of the shining star Devashish Ghosh?
 - a. He is currently working at NASA, even though he had initially declined their offer
 - b. He is working for ISRO since he declined NASA's offer to serve his country
 - c. He is working on aerospace research for Lockheed Martin
 - d. He is working at a clothing processing factory in Ahmedabad
22. How does the 'cool factor' play a role in recreational drugs (e.g. cigarettes, alcohol)?
 - a. One will borrow money from their family to buy recreational drugs
 - b. One will use recreational drugs out of curiosity
 - c. One will start to use recreational drugs to improve concentration levels
 - d. One will use recreational drugs because of the belief that it improves one's social status

23. Which one of the following services were NOT provided to the victims of the Gujarat earthquake in Bhuj?
- a. Postcards
 - b. Mobile phones
 - c. Psychological Trauma Centre
 - d. Last rites for the deceased
24. How did Carl Joss, a reporter from the Swiss magazine Sonntagsblick, describe his experience after performing seva in the Gujarat Earthquake relief camp?
- a. "The best birthday gift that anyone could have given me"
 - b. "It was a very memorable experience for me"
 - c. "Tiring but definitely worthwhile"
 - d. "It was hard to see the people suffering"
25. Which of the following seva did the journalist, Carl Joss, NOT perform during the relief work of the Gujarat earthquake?
- a. Cutting vegetables
 - b. Serving food
 - c. Donating money
 - d. Driving the ambulance

Section C

Instructions: For each question choose ONLY ONE option and mark it on the answer sheet given to you. All questions are compulsory. Read each question carefully before answering. Apply what you have learnt from the IPDC lectures and workbook to choose the best option.

Marks: 30

26. What is the best way to describe the leadership concept 'Leading Without Leading'?
- a. Great leaders should delegate as much work as possible to free up their time for the most important things.
 - b. Great leaders can lead through a good example instead of a more commanding nature.
27. What can we learn from the following Alexander-The-Great quote: "Bury my body, do not build any monument, keep my hands outside so that the world knows the person who won the world had nothing in his hands when dying"?
- a. Great people often die unhappy.
 - b. Material gain and reputation are not the most important things in life.
28. Devashish Ghosh, an intelligent youth, had great career prospects. But he became addicted to various drugs. The Defence Ministry found him in possession of drugs and blacklisted him. This ruined his career. How do you think Devashish Ghosh could have avoided this situation?

- a. Devashish should have only used drugs occasionally during his vacation time.
- b. Devashish should not have taken the risk. He should have avoided the use of drugs completely.

29 A charitable NGO is planning on building a school for the local orphans. During the discussion, one volunteer suggests installing air coolers into the school so that the students feel comfortable during the summer. Some other members disagree as it would mean increasing the fundraising target by 5%. What would you suggest?

- a. "It will be worth the extra effort of fundraising so that the students feel more comfortable."
- b. "We should only focus on the basic necessities needed to build the school."

30. What is the closest interpretation of the following quote: "Small things make perfection, but perfection is not a small thing"?

- a. Try to bring perfection into the small tasks of your day-to-day life. Perfection in small tasks drives our life to perfection.
- b. Perfection is very important for your career. Bring perfection into your important tasks as a student or as a professional.

31. Which attribute of a good team player is emphasised in the quote, "Teamwork: simply stated, it is less me and more we."?

- a. A good team player should be able to sacrifice his personal gains for the success of the team
- b. A good team player should be able to change his personality to fit in with the team.

32. Rahul is a very bright student. He wants to be an engineer and get an entry in the best company of his field. He has just received admission into the engineering institute that he desired, now what should Amit follow:

- a. Rahul should try to settle down into the new atmosphere, observe what others are doing and should follow in their footsteps.
- b. Rahul should define some short-term goals that will help get entry into the company of his choice

33. Aniket is an intelligent college student. But he often gets late to class, and he rarely submits the assignments on time. His professor is new at his role and has not noticed Aniket's absences. What should Aniket do?

- a. Aniket can maintain his lifestyle but should also stay aware such that his grades do not suffer as a result.
- b. He should become more punctual in his attendance and submissions.

34. Jeff Garcia, a former American football player, was admired for his leadership in the following way: "Jeff Garcia showed up every day to do the work - first one to practice, first one out the tunnel - and in the way he carried himself he demanded that you do the same." [Jon Dorenbos, Life is Magic], Which of the following leadership styles best represents the above quote?

- a. Lead by example
- b. First in, is the first to win

35. What leadership style best describes the following quotation: "As we look ahead into the next century, leaders will be those who empower others." [Bill Gates]

- a. Delegative Leadership
- b. Servant Leadership

36. Every morning Steve Jobs asked himself: "If today was the last day of my life, would I want to do what I am about to do today?" From the following two statements, pick that which you think best explains Jobs' quote.

- a. Jobs wanted to remind himself of what is most important in his life and to continue working in that direction.
- b. Jobs wanted to focus more on achieving short term benefits instead of making long term investments.

37. Mehul stays in a hostel. Raj is his roommate. Raj is very notorious and has a habit of mocking everyone most of the time. After a few months, Raj stopped teasing Mehul. But Mehul has started to hate Raj because of his nature. He gets disturbed just by looking at Raj. What should Mehul do to feel more positive?

- a. Change rooms and avoid speaking to Raj. That way he cannot ruin his mood.
- b. Try and forgive Raj for his mocking nature. Focus on his positive qualities instead.

38. Dhruv has important exams approaching in three weeks and is trying to prepare himself accordingly. He is aware that he will need to commit a decent amount of time to study, but he would also like to give some time for exercise. How would you suggest that he balances his time?

- a. Dhruv should schedule at least 30 minutes of exercising every morning before studying.
- b. Dhruv should commit to exercising only on the days when he finds spare time after completing his studies and other responsibilities.

39. Which of the following do you think is the most effective method to become more productive?

- a. Create and follow a schedule while neglecting everything else.
- b. Find your biggest priorities and ensure they are scheduled and completed.

40. After graduating, Neha started working as a data scientist for the last 7 years. She has been earning ₹9 lakh rupees every year. Now that her 30th birthday is approaching, she is wondering about the best time to start a retirement fund. What financial plan will allow her to benefit the most?

- a. Start investing into a retirement fund straight away to earn more money through compound interest.
- b. For the next 5-7 years, she should keep her money free so she can spend it. She can then start a retirement fund afterwards.
