

GUJARAT TECHNOLOGICAL UNIVERSITY

BE- SEMESTER- I & II EXAMINATION – SUMMER 2026

Subject Code: BE01R00161

Date:04-07-2026

Subject Name: Integrated Personality Development Course

Time:10:30 AM TO 01:00 PM

Total Marks:70

Instructions:

1. Attempt all questions.
2. Make suitable assumptions wherever necessary.
3. Figures to the right indicate full marks.
4. Simple and non-programmable scientific calculators are allowed.

MARKS

- Q.1** Answer the following MCQ question of one mark each
- (a)**
1. Megha has recently been feeling unhappy and lonely. For the last 2 weeks, she has been longing to share her emotions with someone. What should she do? **01**
- a. She should reach out to people using social media and create new friendships.
- b. She should express her feelings to family members with who she feels comfortable.
2. Riya has been invited to this year's National Youth Summit. As a medical student, she has been asked to prepare her view on the future of India and its medical practitioners. She is trying to decide which message she should convey. What do you think is the best option: **01**
- a. Youths should contribute to India by becoming doctors. Being doctor means you can become wealthy and reputable.
- b. Youths should contribute to India by becoming doctors. Being doctor means you can serve your country by helping its citizens.
3. Two weeks ago, Abdul submitted his scientific research paper for his first review. Due to the lack of support from his appointed research partner, Abdul had to rush the result analysis. Today, when he went to collect feedback, his Professor responded only with harsh criticism for his work. How do you think Abdul should handle the situation, going forward? **01**
- a. He should ignore the Professor's harsh tone and keep trying amidst the difficult circumstances.
- b. He should try and use that criticism to improve his research paper
- (b)**
1. A single thought has the potential to change the entire world. **01**
- a. True b. False
2. A good listener will be able to understand how the speaker is feeling. **01**
- a. True b. False
3. Bakhshali manuscript was written by Isaac Newton. **01**
- a. True b. False

	4. Staying in contact is key when building your network.	01
	a. True b. False	
(c)	1. Which of these is NOT one of the 6 powerful thoughts?	01
	a. Whatever happens, happens for the best	
	b. What am I grateful for?	
	c. How can I get people to like me?	
	d. Am I giving my 100%?	
	2. According to the IPDC workbook, Tendulkar and Tate are what type of people?	01
	a. Extraordinary b. Emotional c. Legendary d. Ordinary	
	3. According to the workbook, which of these does NOT lead us to failure?	01
	a. Self-doubts b. Fear of failure	
	c. Finding support d. Making excuses	
	4. Which famous failure is best known for later success in writing the international best-selling book series Harry Potter?	01
	a. John Rolling b. JK Rowling	
	c. George Orwell d. JRR Tolkien	
	5. What was the ideal example of project management that was used as a case study in the lecture?	01
	a. The Taj Mahal b. The Burj Khalifa	
	c. The Swaminarayan Akshardham d. The Pyramids of Egypt	
	6. Which of the following is NOT mentioned as a flip-side (drawback) of Social Media in the IPDC workbook?	01
	a. FOMO b. Negative body image	
	c. Healthy sleep patterns d. Poor concentration	
	7. What intention should we keep when performing seva?	01
	a. To help others b. To gain rewards	
	c. To get money d. To be appreciated	
Q.2	(a) Which points should you keep in mind while performing Seva?	03
	(b) Enlist various parameters that leads to detachment from family.	04
	(c) Explain benefits of Seva as per IPDC workbook.	07
	OR	
	(c) Write about incident where you or family/friend encountered a difficult circumstance and reached out to god.	07
Q.3	(a) As per power of faith module, What did you learn from life of Arunima Sinha?	03
	(b) What steps can be taken to overcome negative effects of social media?	04
	(c) Write a note on negative effects of social media.	07
	OR	
Q.3	(a) What is Networking as per module Networking and leadership.	03
	(b) Why is project management important? How can you apply it in your life?	04
	(c) Explain principles of project management with example.	07
Q.4	(a) Explain parameters that you should keep in mind while decision making.	03
	(b) Explain leadership skills required by leader of any organization.	04
	(c) What did you learned from life of Dr APJ Abdul kalam?	07

OR

- Q.4** (a) What made Indian forget about their glorious past? **03**
(b) As a youth, what can you do to sustain and nourish india's glorious past? **04**
(c) Explain contribution of Indian scientist in field of Mathematics, astronomy and physics. **07**

- Q.5** (a) What did you learn from life of Sachin Tendulkar? **03**
(b) Explain circle of influence and circle of concern with example. **04**
(c) What do you learn from module restricting yourself? **07**

OR

- Q.5** (a) Explain factors of active listening. **03**
(b) How can you convert Negative outlook into positive outlook? **04**
(c) Explain various factors affecting failure in detail, as per IPDC workbook. **07**
